

# Single Ovarian Cyst and Effect of Adjuvant Use of Anmol Pulsar V1 - PEMF Magnet Therapy (Kumar's Magnet) Device

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**Abstract:** A single right sided ovarian cyst (suspected to be hemorrhagic in nature) in an apparently healthy young woman is treated with Ayurvedic medicines and adjuvant use or concurrent use of Anmol Pulsar V1 - PEMF (Pulsed Electro-Magnetic Frequency) Magnet therapy. After 6 months of this treatment plan, USG of pelvic region was done. The single ovarian cyst was resolved along with clinically associated symptoms.

**Keywords:** Ovarian cyst, Ayurvedic treatment, Anmol Pulsar V1, PEMF Adjuvant therapy, Magnet therapy, painful menstruation, Dysmenorrhea. Dysuria, Dyspareunia Fatigue on exertion

## 1. Case Summary

A single right sided ovarian cyst (suspected to be hemorrhagic in nature) in an apparently healthy young woman is treated with Ayurvedic medicines and adjuvant use or concurrent use of Anmol Pulsar V1 - PEMF (Pulsed Electro-Magnetic Frequency) Magnet therapy device. After 6 months of this treatment plan, USG of pelvic region was done. The single ovarian cyst was resolved along with clinically associated symptoms.

## 2. Patient Description

An apparently healthy married 42 yrs. female with normal BMI of 22, presenting with pain during menstruation, pain during coitus, painful and burning sensation during urination, constipation, dry and itchy skin esp., on forearms,

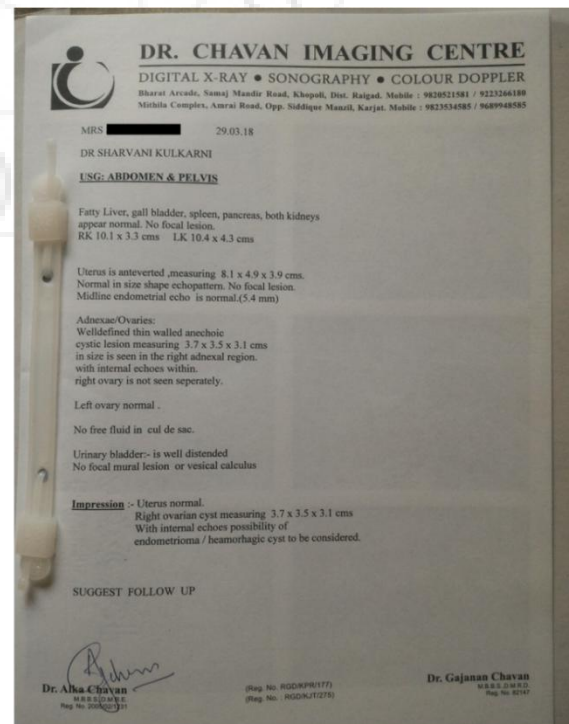
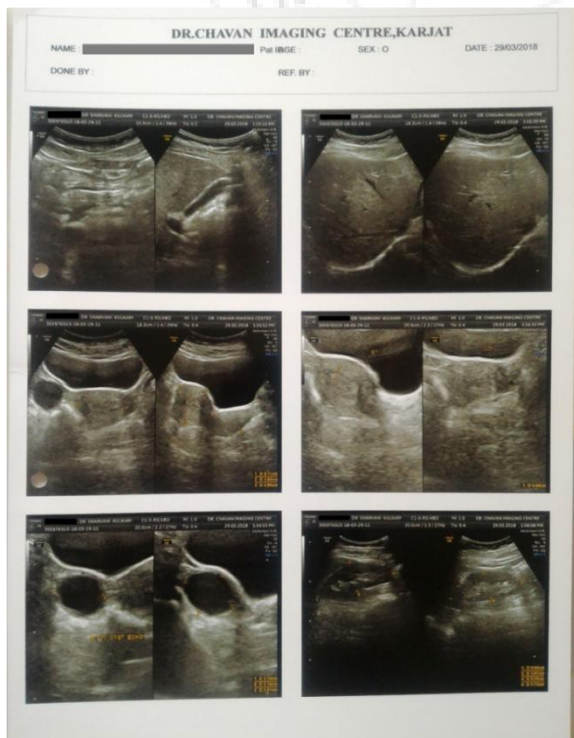
too much thirst and feelings of dryness all over body, acidity, indigestion.

### Complaints

Dysmenorrhagia  
Dysuria,  
Dyspareunia  
Fatigue on exertion,  
Pain in lower abdomen while walking.  
Burning sensation on and off on urination, urinary incontinence .  
Extreme Intolerance to sweaty and hot conditions, Dry and itchy skin  
Irregular, Painful cramps, heavy bleeding 5 days. On and off intense cramps in lower abdominal pain.

### Investigation before Treatment

Before Treatment USG-A & P, on 29 03 2018



### 3. Diagnosis

Single ovarian cyst Measuring 3.7\*3.5\*3.1cms and Non-conclusive PCOS

7) Everyday 20 minutes session in the morning with Anmol Pulsar V1 - PEMF Magnet therapy device.

#### Treatment Plan

- 1) Dashmularishta 10ml
- 2) Saarivaadyasava 10 ml with lukewarm water
- 3) Punarnavashtak kashay , freshly prepared, 10ml, morning 20 minutes before Anmol Pulsar PEMF therapy
- 4) Gandharva Haritaki 2tsp with Jaggery and Triphala ghrut 1 tsp, before dinner.
- 5) Shatdhaut Ghrut external application for skin.
- 6) Shatavari ghrut 2tsp with lukewarm water empty stomach.

#### Midpoint and Progress

Anmol Pulsar V1 - PEMF Magnet therapy probe and magnets placements as shown In the picture. Post 2 months therapy, pain reduced in intensity. By 3<sup>rd</sup> month, regular and normal menstruation, no pain during menstruation, no pain during coitus or while walking, pain reduced during urination burning stopped by 5th month. No acidity Or bloating sensation. Sleep improved.



Investigation after Treatment  
 After Treatment USG A & P 20-10-2018

**DR. CHAVAN IMAGING CENTRE, KARJAT**  
 DIGITAL X-RAY • SONOGRAPHY • COLOUR DOPPLER  
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MRS [REDACTED] 20.10.2018  
 DR. M CHAUDHARI  
**USG OF: PELVIS**

Uterus is anteverted normal in shape and myometrial echoes. It measures 7.5 X 5.6 X 3.7 cms. No focal mass lesion. Midline endometrial echo appears normal.(4mm)

Adnexae/Ovaries: Both ovaries are normal in size, shape with small follicles. No cystic or solid mass lesion.

No mass lesion in both adnexal region.

No free fluid in POD.

Urinary bladder- well distended. Diffuse mild thickening & irregularity of bladder Wall, With internal echoes. No Vesical calculus.

Pre void 501 cc post void 141 cc

**Impression:** Diffusely thickened and irregular urinary bladder wall with internal echoes possibly due to CYSTITIS.

No ovarian cyst.

No obvious adnexal lesion.

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#### 4. Endpoint Findings

Clinically the presenting symptoms experienced by patient were comparatively less than before. Menstrual cycle was regularized within 3 months, last 2 months regular no noticeable incapacitating pain.

Urination pain frequency reduced than before. Only complaint is more urination, but no pain and burning like earlier.

Skin itching reduced but dryness is still there.

Patient has started being more active than before, no fatigue.

Anmol Pulsar V1 - PEMF Magnet therapy is continued along with other medicines still for further recovery of patient. Esp. symptoms related to frequent urination and incontinence.

#### BT & AT Comparison

Before Treatment: USG shows a single ovarian cyst, suspected to be endometrioma or haemorrhagic one.

After 6months treatment: USG shows no ovarian cyst, Urinary bladder wall shows some inflammatory irregularities, suggesting cystitis.

#### 5. Conclusions

This is a single case study of the Treatment of a single large Ovarian cyst, where Ayurvedic medicines were combined with Anmol Pulsar V1 - PEMF Magnet therapy, as an Adjuvant therapy.

It has led to faster recovery of the patient. More such studies are needed for Adjuvant effect of Anmol Pulsar V1-PEMF Magnet therapy, leading to faster recovery of the patients towards well-being.

#### Why Anmol Pulsar V1 PEMF as Adjuvant Therapy

Restoring the lost balance among PanchMahabhuta-

- 1) We use *Ayurvedic medicines and Panchkarma* procedures to control four of the five *Mahabhuta*.
- 2) The main focus of *Chikitsa kriya* is on- to simulate, recreate, balance the *Pancha mahabhuta* in the body.
- 3) The exceptional one, *Akash Mahabhut* can be simulated, cleared (*StrotoVishodhan*) with Anmol Pulsar V1 PEMF Magnet therapy device, up to a certain extent.
- 4) Once all the *Panch Mahbuatas* are focused to be in Sam or Balance, we can get better, rapid and long lasting results.
- 5) Ease of use by patient- It is very easy to apply Anmol Pulsar V1. (Kumar's Magnet)