



Brief Introduction

Name: DR. MADHURI PATIL,
B.A.M.S. (University of Mumbai)
M.D. (D. Y. Patil University),
PDCR (Professional Diploma in Clinical Research)

Registered Integrated Medical Practitioner with the state Medical council of Maharashtra, MCIM, since the year, 1992

Complete wholistic wellbeing by Ayurveda & Yoga,

Ayurveda consultant & lifestyle management consultations esp. practical application for health maintenance.

Education

1. M. D. (AYURVED SAMHITA & SIDDHANT) (AYURVEDAVACHASPATI)
2016 -2020
D.Y. Patil College of Ayurveda & Research Institute,
Nerul, Navi Mumbai-400706
2. BAMS(AYURVEDACHARYA), UNIVERSITY OF MUMBAI, 1992
Smt. K. G. Mittal Punvasu Ayurveda College& Hospital,
Charni Road, Mumbai -400002
3. HSC (MAHARASHTRAS STATE BOARD)1986
Grade - First Class
B. N. Bandodkar College of Science, Thane-400601

4. SSC (MAHARASHTRAS STATE BOARD)1984
Grade- First Class with Distinction
D. N C. Multipurpose High School. Dombivali-421201

Skills, Abilities & Experiences:

1. Practicing integrated medical consultant and clinical practice of Ayurveda with integrative approach to wellbeing for more than 25 years.
2. Medical transcription for the purpose of Medical Insurance - worked as medical transcriptionist for 2 years freelance work 2000-2002.
3. Panchakarma specialist esp. the management of Samsarjan Kram or post Panchakarma management of the patient's Dietetics and behaviors.
4. Gold medal of Kashyap room, 2nd rank, as a paper presenter at National Seminar - Diabetes Mellitus- from laboratory to practice. August 2017, 16-17, organized by AYUSH-Maharashtra state and Arogya Bharati.
5. Title of the paper presentation - Role of *Yuktikrit Vihara* In Management of *Madhumeha* With Special Reference to Type-2 Diabetes Mellitus
6. Paper presented at workshop on Research methodology and Medical statistics March 29, 2017 at D. Y Patil College of Ayurveda and Research Institute.
7. Title of the paper - Importance of Emendation in textual criticism of Samhitas - A Brief Introduction
8. Paper presented at Ayurmanobodha-National Seminar of Manovikar on February 3rd ,2019, organized by Ayurveda Vyaspeeth, Nashik
9. Title of the paper- Critical Study of 'ATYADANAT' (Receiving Too Much) According to CHARAK SAMHITA And Its Management by Yogic Practices. Published at Ayurved Vyaspeeth Ayurmanobodh, March 2019 Paper Publication book ISBN - 978-81-938699-4-9
https://ayurvedvyaspeeth.in/index.php?option=com_content&view=article&id=161
10. As PG Scholar, for the degree of (Ayurveda Samhita & Siddhant), the topic of research and review, was –'Critical Study of Spiritual Well-Being with special reference to Brihattarayi,' with special focus on Complete wholistic wellbeing by practice of Ayurveda and Yoga.

11. Experience of more than 10 years in the Upkarma or para-surgical OPD level procedures like Agnikarma (Ayurveda Heat therapy), Ksharkarma (Ksharsutra a medicated thread is used for therapeutic purposes) and Viddhakarma, Viddhagni karma and Ayurveda Marma therapy.
12. More than 15 years of experience in the fields of Medical Astrology, Reflexology, and Psychology- applied aspect.
13. My unique approach to wellbeing is based wholly on the foundational principles of Ayurveda or Authentic Ayurveda with all the three kinds of therapeutic approaches viz. Yuktivyapashraya Chikitsa (Rational and logical use of medicines and medical procedures at clinical level), Daivavyapashraya Chikitsa (Spirituo-religious practices for psycho-spiritual health maintenance) and Sattvavjaya Chikitsa (Rational emotive therapy and mind management by Ayurveda and Yoga.)